Application will be made for accreditation to European Accreditation Council for Continuing Medical Education (EACCME®)

This course has been granted 22 Continuing Education Credits – Category C with Arztekammer Schleswig-Holstein

Organiser: Hasan Batirel, Istanbul, Turkey
ESTS Director of Education

INFORMATION & REGISTRATION: www.est.s.org
FACULTY

Enrico Ruffini, Torino, Italy
Former ESTS Director of the Annual Meeting

Michele Salati, Ancona, Italy
Azienda Ospedaliero Universitaria Ancona · Thoracic Surgery Unit

Alan Sihoe, Hong Kong, China
Associate Editor (Thoracic), Interactive Cardiovascular and Thoracic Surgery
Editor-in-Chief, Journal of Visualized Surgery

Gonzalo Varela, Salamanca, Spain
Former ESTS Editor and Associate Editor Eur J Cardiothoracic Surgery
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tr>
<td>14.00-14.30 h</td>
<td><strong>Welcome</strong>&lt;br&gt; Presentation of ESTS School&lt;br&gt; M. Salati <strong>Presentation of faculty and introduction to the course</strong>&lt;br&gt; G. Varela</td>
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<td>14.30-16.00 h</td>
<td><strong>SECTION 1: THEORY</strong>&lt;br&gt; Why should we publish?&lt;br&gt; Basic principles: good hypothesis, concision and sound methodology&lt;br&gt; G.Varela <strong>Evidence means more than randomised trials: types of epidemiological studies</strong>&lt;br&gt; G. Varela</td>
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<td>16.00-16.30 h</td>
<td>Coffee break</td>
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<td>16.30-18.30 h</td>
<td><strong>Do's and don'ts when writing the Introduction, Methods, Results and Discussion sections</strong>&lt;br&gt; A. Sihoe</td>
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<td><strong>The cycle of a manuscript: from submission to publication</strong>&lt;br&gt; G. Varela</td>
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<td><strong>Referencing: how to use Pubmed and not waste your time</strong>&lt;br&gt; G. Varela</td>
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<td><strong>Choosing the right journal: who cares the impact factor?</strong>&lt;br&gt; E. Ruffini</td>
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<td><strong>My manuscript is rejected: what now?</strong>&lt;br&gt; M. Salati</td>
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DAY 2: 6 NOVEMBER 2018

09.00-10.30 h  SECTION 2: PRACTICE

Learning from others:
try to find what is wrong in these examples
E. Ruffini
Some anonymised real manuscripts are analysed trying to find out the main authors’ mistakes and how they could be solved

From clinical practice to improving the evidence
G. Varela
In this presentation some clinical problems from real practice are brought up to discussion trying to demonstrate how we can transform clinical problems into hypothesis and evidences

Stating your hypothesis and proposing the correct methods
E. Ruffini / M. Salati
The attendees are invited to work on some examples of usual clinical problems, elaborate short hypothesis and proposing the correct them

10:30-11:00 h  Coffee Break

11.00-12.30 h  Discussion (All)
Elaborating hypothesis and choosing the right methods on topics proposed by faculty

PART 2: ORAL COMMUNICATION

14.00-16.00 h  SECTION 3: HOW TO ELABORATE EFFECTIVE ABSTRACTS
Choosing the right meeting
E. Ruffini

Stating a short and clear message
E. Ruffini

Neither oral nor written: poster
A. Sihoe

16.00-16.30 h  Coffee break

16.30-18.30 h  SECTION 3: ABSTRACTS, LEARNING FROM OTHERS (PRACTICE)
Try to find out mistakes in these abstracts (All)

19:00 h  Dinner
DAY 3: 7 NOVEMBER 2018

08.30-10.00 h  SECTION 4: HOW TO PRESENT AND KEEP THE AUDIENCE AWAKE (THEORY AND PRACTICE)

Effective presentations using Power Point: a few rules
A. Sihoe

How to behave on stage
A. Sihoe

Handling the audience’s questions
M. Salati

Asking questions from the floor or showing off?
E. Ruffini

10.00-10.30 h  Coffee Break

10.30-13.00 h  SECTION 4: GOING ON THE STAGE (PRACTICE)

What’s wrong in my presentation?
G Varela
Faculty members are presenting an abstract. Some frequent errors are included in each presentation to be detected and discussed

Hands-on (All)
Each attendee is provided with an abstract and invited to elaborate a Power Point presentation. Presentations will follow, and their quality and effectiveness discussed by the whole group

Evaluation and conclusion

An informal lunch will be offered at 13:00