



# ESTS SCHOOL

**ESTS  
SCHOOL OF  
THORACIC  
SURGERY**

## **ACADEMIC COMPETENCE TRACK ESTS COURSE ON MEDICAL WRITING**

**5-7 November 2018**

**Hamburg, Germany**

Application will be made for accreditation  
to European Accreditation Council for Continuing  
Medical Education (EACCME®)

Organiser: Hasan Batirel, Istanbul, Turkey  
ESTS Director of Education

**INFORMATION & REGISTRATION: [www.ests.org](http://www.ests.org)**

## FACULTY



**Enrico Ruffini, Torino, Italy**  
Former ESTS Director of the Annual Meeting



**Michele Salati, Ancona, Italy**  
Azienda Ospedaliero Universitaria Ancona · Thoracic Surgery Unit



**Alan Sihoe, Hong Kong, China**  
Associate Editor (Thoracic), Interactive Cardiovascular and Thoracic Surgery  
Editor-in-Chief, Journal of Visualized Surgery



**Gonzalo Varela, Salamanca, Spain**  
Former ESTS Editor and Associate Editor Eur J Cardiothoracic Surgery

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5-7 November 2018 · Hamburg, Germany

DAY 1: 5 NOVEMBER 2018

PART 1: WRITTEN COMMUNICATION

14.00-14.30 h **Welcome**  
**Presentation of ESTS School**  
M. Salati

**Presentation of faculty and introduction to the course**  
G. Varela

14.30-16.00 h **SECTION 1: THEORY**  
**Why should we publish?**

**Basic principles: good hypothesis, concision and sound methodology**  
G. Varela

**Evidence means more than randomised trials: types of epidemiological studies**  
G. Varela

**Best evidence reviews**  
M. Salati

16:00-16:30 h Coffee break

16.30-18.30 h **Do's and don'ts when writing the Introduction, Methods, Results and Discussion sections**  
A. Sihoe

**The cycle of a manuscript: from submission to publication**  
G. Varela

**Referencing: how to use Pubmed and not waste your time**  
G. Varela

**Choosing the right journal: who cares the impact factor?**  
E. Ruffini

**My manuscript is rejected: what now?**  
M. Salati

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## DAY 2: 6 NOVEMBER 2018

## PART 2: ORAL COMMUNICATION

### 09.00-10.30 h SECTION 2: PRACTICE

#### **Learning from others: try to find what is wrong in these examples**

E. Ruffini

*Some anonymised real manuscripts are analysed trying to find out the main authors' mistakes and how they could be solved*

#### **From clinical practice to improving the evidence**

G. Varela

*In this presentation some clinical problems from real practice are brought up to discussion trying to demonstrate how we can transform clinical problems in hypothesis and evidences*

#### **Stating your hypothesis and proposing the correct methods**

E. Ruffini / M. Salati

*The attendees are invited work on some examples of usual clinical problems elaborate short hypothesis and proposing the correct them*

10:30-11:00 h Coffee Break

### 11.00-12.30 h Discussion (All)

*Elaborating hypothesis and choosing the right methods on topics proposed by faculty*

### 14.00-16.00 h SECTION 3: HOW TO ELABORATE EFFECTIVE ABSTRACTS

#### **Choosing the right meeting**

E. Ruffini

#### **Stating a short and clear message**

E. Ruffini

#### **Neither oral nor written: poster**

A. Sihoe

16:00-16:30 h Coffee break

### 16.30-18.30 h SECTION 3: ABSTRACTS, LEARNING FROM OTHERS (PRACTICE)

Try to find out mistakes in these abstracts  
(All)

19:00 h Dinner

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## DAY 3: 7 NOVEMBER 2018

08.30-10.00 h **SECTION 4:  
HOW TO PRESENT AND KEEP  
THE AUDIENCE AWAKE  
(THEORY AND PRACTICE)**

**Effective presentations using Power Point:  
a few rules**  
A. Sihoe

**How to behave on stage**  
A. Sihoe

**Handling the audience's questions**  
M. Salati

**Asking questions from the floor  
or showing off?**  
E. Ruffini

10:00-10:30 h Coffee Break

10.30-13.00 h **SECTION 4:  
GOING ON THE STAGE (PRACTICE)**

**What's wrong in my presentation?**

G Varela

*Faculty members are presenting an abstract.  
Some frequent errors are included in each  
presentation to be detected and discussed*

**Hands-on (All)**

*Each attendee is provided with an abstract  
and invited to elaborate a Power Point  
presentation. Presentations will follow,  
and their quality and effectiveness discussed  
by the whole group*

**Evaluation and conclusion**

*An informal lunch will be offered at 13:00*

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