

# **ESTS Course on Scientific Communication**

# 2<sup>nd</sup> Edition Hamburg, Germany, 3 – 5 November 2014

### **EACCME Accreditation 12 European CME Credits**

# **Faculty:**

Alex Brunelli ESTS Secretary General – former Director of Database
Gilbert Massard ESTS Director of Education – Editor in Chief, J Chir Thorac Cardio-vasc
Alan Sihoe Associate Editor, Interact Cardiovasc Thorac Surg
Pascal Thomas Former ESTS Editor, Eur J Cardiothorac Surg, ESTS past-past-president
Former ESTS Editor, Eur J Cardiothorac Surg

Faculty and delegates are expected to arrive before 14.00. An informal lunch will be offered.

Delegates are asked to bring along their note-books for hands-on sessions!

# 1st day: 3rd of November, 2014

14.00: Welcome G Massard

Presentation of ESTS School

Presentation of faculty and introduction to the course

# <u>14.30 - 18.00</u>: Section 1: The structure of a medical article/interactive.

- Why should we publish?

G Varela

- the cycle of a manuscript : from submission to publication
- Round Table discussion : which problems I met and what I expect from the course (panel of experts and participants)

#### Coffee break 16.00-16.30

- The core substance of an article! (interactive) G Massard

- o instructions for authors: the forgotten page!!
- o general rules
- the different types of publications
  - original article
  - review article
  - case report
  - how I do it
  - letter to the editor
  - editorial
- how to write an original article
- Particularities of other types of publications A Brunelli
- Discussion round facilitator : A Sihoe
- conclusion of the day: what is a good idea? P Thomas

#### **2nd day: 4 November, 2014**

# 9.00 – 10.30 Section 2 : basics of methodology and statistics (+ practical démo of software)

the different types of study
 the storage of data: construction of a database
 basic statistics
 G Varela
 A Brunelli
 G Massard

- o how to present data : descriptive statistics
- o how to compare data: analytic statistics
- o survival estimate
- o how to evaluate diagnostic tests
- o when should I call a statistician?

coffee break

# 11.00 – 12.30 Section 3: journals and references (interactive)

- the final step of my manuscript : some useful tips

o how to select a journal for submission? P Thomas

o what I should check before submission?

adequate referencing is important!

o how to find references?

o how to select references?

Lunch 12.30 - 14.00

#### 14.00 – 17.00 Hands-on in parallel

# Hands-on 1 : Practical stats

A Brunelli

- software
- how to select the appropriate test

# Hands-on 2 : How to present my data?

A Sihoe, G Massard

- fundamentals about graphs and tables
- different types of graphs or figures, and what they express

# Hands-on 3: How to optimize use of Pubmed?

P Thomas, G Varela

- examples with pubmed
- how to store my references

Informal coffee break during hands-on

#### 17.00 – 18.30 Section 4 : Critical Reading of medical articles (interactive)

Generalities A Sihoe
 Example of a poor paper P Thomas
 Discussion all panelists

# 3rd day: 5 November, 2014

# 8.30 – 9.30 Section 5 : How to prepare an oral presentation

- Before the presentation
  - o choice of congress A Brunelli
  - o how to get my abstract accepted!
- My first presentation!
  - o the number and structure of slides

A Sihoe

- o how to behave on the stage!
- o how to handle questions from the audience

# 9.30 – 12.00 Hands-on 4: the paper doctor's consultation

Free discussion of participants with faculty to solve practical problems with the participants' publications. The group will be split into 5 parts, each will be tutorized by one of the faculty members

Informal coffee break in between

# 12.00 - 13.00 Section 6 : some tips and tricks!

how to prepare an image/video paper
 How to manage a rejected paper !!
 Evaluation and conclusion
 P Thomas
 A Sihoe
 G Massard

An informal lunch will be offered at 13.00